

BETSY B. MULLER, MBA, C.EHP, EFT Cert., CEC,

Ms. Muller is professional speaker, personal coach, healer and author. She specializes in teaching people how to use "energy awareness" to overcome the limitations of aging, pain and stress so that they feel great, live well and get more done every day.

After decades working in a variety of traditional business and healthcare management settings, life changed in 2001 when she discovered energy psychology techniques at a conference in Switzerland. Since then, her passion has been to help others enjoy balanced and purposeful lives by integrating positive energy into life and business applications. Her company, The Indigo Connection, offers individual coaching, wellness programs, retreats, practitioner training and a women's coaching and a networking breakfast event held every month for over 4 years.

Betsy's past employers include PPG Industries, BP Oil Company, Southwest General Health Center and OsteoMed II, a group medical practice integrating alternative and conventional medicine.

Ms. Muller earned a BA in Chemistry from the College of Wooster and an MBA in Systems Management from Baldwin Wallace College. She is the 2nd person in the world to become a Certified Energy Health Practitioner through the Association for Comprehensive Energy Psychology. Betsy is also Ohio's first Certified Energy Coach, a Certified EFT (Emotional Freedom Techniques) Practitioner, a Certified Medical Office Manager and an ordained minister. She has twice served as President for the Middleburg Hts. Chamber of Commerce and is also an Executive with the world's leading company in anti-aging technology.

Betsy's books include **Powerful Statements for Everyday Healing(2009)**, **Tapping into Creativity (2009)** and **101 Great Ways to Improve Your Health (2007)**. She has published numerous articles on life balance, success, goal setting and practical applications for positive energy in daily life. She will soon release a new book, **EFT for Creativity**, which includes processes and healing statements to enhance creativity in business and life. In 2010 Betsy will introduce a new program called **Energy Makeover** which includes a multifaceted self-care formula for invigorating your life experience, health and emotional state at any age.

Betsy lives in Northeast Ohio with her husband George and children Dan (21) and Mandy (18). She is a health enthusiast, gardener and avid reader who loves to travel. You can read Betsy's blog at www.theindigoconnection.com/blog